

The Brahma Kumaris  
warmly invites you to

# Living

## *in Harmony*

Restoring the Balance in Nature

**Harmony** is synonymous with inner peace and balance, which give feelings of happiness. Everyone wants happiness, and harmony is required for this – harmony within the self, harmony in relationships and harmony with the natural environment.

*Violence destroys harmony.  
Why do we act in ways  
that harm nature and ourselves?*

*How can we maintain our inner  
harmony in the face of negativity?*

*How can we be persistent in our  
aspiration for a harmonious life?*





## Guest speaker:

# Jayanti Kirpalani

– a spiritual leader, a meditation teacher, and an emissary for peace for the last 45 years. She is the Regional Director of the Brahma Kumaris for Europe and the Middle East. She is the main representative of Brahma Kumaris to the United Nations in Geneva. She is the head of the Brahma Kumaris' delegation at the United Nations Climate Change Conference COP19 in Warsaw and has been the head of the delegation and a speaker at the UN Climate Change Conferences since 2009.

She speaks with great clarity on deep spiritual truths. An expert in the “inner environment” of the human spirit she explores how the state of our minds and inner feelings determine our life's experiences. In her lectures and publications she underlines that the erosion of spiritual values is at the heart of the crisis in the world, including the degradation of our ecosystems. Preserving our environment means preserving our values.

## Proceeded by:

**Duška Markowska Resich** – journalist, director and dramatist. Author of prize-winning ecological movies in Poland and abroad. Her life's motto is: *Hurry up and save the earth; remember it is we, the people who are now the dying species.*



**Brahma Kumaris**  
Environment Initiative

**The Brahma Kumaris** is an international non-governmental organization (NGO) of the United Nations, in general consultative status with the Economic and Social Council (ECOSOC). It is also an accredited observer organization to United Nations Framework Convention on Climate Change (UNFCCC).

The Brahma Kumaris community is also active in many environmental initiatives including raising awareness in our centers and local communities. In India we are also engaged in the development of renewable energy technologies, such as 'India One' Solar Thermal Power Plant Project ([www.india-one.net](http://www.india-one.net)).

### date and place:

November 14, 2013, 18:00-20:00  
Związek Nauczycielstwa Polskiego  
Warsaw, Smulikowskiego 6/8  
free of charge

### booking and information:

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